

# IT DOESN'T GET MORE KOSHER THAN THIS!



## MARGARET TIETZ Nursing & Rehabilitation Center is pleased to announce that our *expanded & newly renovated Kosher Kitchens* ARE NOW OPEN!

Five-star gourmet kosher cuisine under the hashgacha of the Vaad Harabonim of Queens will now be prepared under the supervision of Chef Yossi in our state-of-the-art SEPARATE MEAT and ALL CHOLOV YISROEL DAIRY KITCHENS.



adibunlimited.com



**Margaret Tietz™**

CenterLight Health System

164-11 Chapin Parkway • Jamaica Hills, NY 11432  
718-298-7800 • [www.tietzjewish.com](http://www.tietzjewish.com)

a beneficiary of  
**UJA Federation**  
of New York



*Margaret Tietz Nursing & Rehabilitation Center  
is proud to have been selected as one of America's Best  
Nursing Homes by U.S. News & World Report!*

Centrally located near the Queens communities of  
Kew Gardens Hills, Hillcrest & Jamaica Estates. Only 20  
minutes from Brooklyn, Manhattan & the Five Towns.

# רפואה שלמה "TO YOUR HEALTH!"

*All the latest news from . . .*



**Margaret Tietz™**

CenterLight Health System

*August Newsletter*

## Upcoming Events . . .

**Jewish Music Under the Stars**  
**QJCC Summer Concert Series**  
**Wednesday Evenings at 7pm, Cunningham Park**  
**August 15: FOLKSPIENE YIDDISH FEST**  
**August 22: BUKHARIAN FESTIVAL**  
**August 29: MICHOEL PRUZANSKY**

*Margaret Tietz is proud to sponsor this annual family  
event, with exciting raffles and giveaways at our booth.*

**Klezmer Band at Margaret Tietz**  
**Sunday, August 26**

**Elul Lecture by Rabbi Frand**  
**September 5, Young Israel of Forest Hills**  
**Mincha at 7:15 pm, Program at 7:45 pm**

*Sponsored by Margaret Tietz*

**Full Rosh Hashana Services**  
**Sept 17-18, to be held at Margaret Tietz**

**Community Medical Seminars/ A Monthly Series**  
**October – June, 2nd Tuesday of the month**  
**October: What is Expected & Unexpected During an Exam**  
**November: How to Choose an Insurance Plan**  
**December: Cardiology & Vascular Disease**  
**January: Planning for Seniors, Navigating the System,  
Health Care Proxy, End of Life Issues**

*Co-sponsored by Margaret Tietz and NY Hospital of  
Queens, to take place at Congregation Etz Chaim.*

## Kosher Q&A with Rabbi Pearlman

**Q:** You already have a Kosher kitchen, so what's all this hoopla about a new Kosher kitchen?

**R' Pearlman:** Until now we had a full-service Kosher kitchen under the supervision of the Vaad Harabonim of Queens, as well as a non-Kosher kitchen. Now we've eliminated the non-Kosher kitchen and expanded and renovated our Kosher kitchen to include state-of-the-art separate meat and dairy – all Cholov Yisroel – sections. Our entire facility, including the cafeteria will now be completely Kosher.

**Q:** What determined this change? Why was this necessary?

**R' Pearlman:** We felt this step would broaden our horizons and help us better serve the needs of the Jewish community. By becoming fully Kosher, we are providing patients and their families with a new level of comfort. Now anyone can join their loved one for a meal in the cafeteria, and feel secure in the knowledge that the food and premises are Kosher.

This is just the next phase in a journey that began seven years ago, when Margaret Tietz joined the Beth Abraham/CenterLight family. Originally established as a non-Kosher facility, Margaret Tietz installed a separate Kosher kitchen upon becoming a part of Beth Abraham. Three years ago, Chef Yossi came aboard – upgrading the caliber of our Kosher cuisine even further. And now as our Jewish clientele keeps growing and the demand for Kosher has increased – we've moved to an entirely new level by transforming our main kitchen and implementing the highest Kashrus standards and stringencies.

*"There's so much outreach activity  
going on as Margaret Tietz  
reaches new heights. This is  
another step towards making  
our facility the premier choice  
of the Jewish community."*

*–Linda Spiegel, Director of Public Affairs*

## Kol Yisroel Chaveirim

The adorable pre-schoolers from Camp Chaveirim and Chaveiros were a tremendous hit with the residents at Margaret Tietz, bringing smiles to everyone's faces upon their recent visit. The day camp is run by two talented teenagers, Hindy Schwartz and Devorah Turk. We thank Hindy's father, Rabbi Chaim Schwartz of Yeshiva Chofetz Chaim, for helping to arrange this event.





## Scooping with Style

I scream, you scream, we all scream for ice cream! Our traditional Intergenerational Dessert Social for PS 200 students, their families and our residents took place in June. There was a selection of mouthwatering desserts to choose from, and as has become customary – Joe Seminaro, Executive Director of Margaret Tietz and Fred Schoenefeld, Director of Food Service were on hand to scoop the ice cream.

## Bringing the Simcha to Margaret Tietz

Mazel Tovs resounded throughout our halls with the recent Sheva Brachos celebration at our facility. The newlywed Ludmir couple wanted their dear grandfather Professor Dr. Simon Lopata, who is currently undergoing rehab at Margaret Tietz, to be an integral part of their simcha, so they made sure to bring the party to him!



## Happy Birthday Helen!

Helen Tesar, long-time resident of Margaret Tietz, recently celebrated her hundredth birthday with a gala party to mark the historic occasion. Family and friends gathered together on July 2nd to fete this vibrant centenarian and regal woman. We wish Helen

many more years to enjoy, until 120.



## L'Chaim! Running for a Good Cause

*Margaret Tietz Proud Sponsor of L'Chaim 5K RunWalk for Israel*



*Pictured above are staff members from Margaret Tietz & CenterLight with noted legislators including Assemblywoman Grace Meng, Councilman Jim Gennaro and Assemblyman David Weprin*

Staff and friends of Margaret Tietz Nursing & Rehabilitation Center and CenterLight Health System turned out en masse to participate in the 11th Annual Queens/Long Island 5K Run Walk organized by the Young Israel of Jamaica Estates. Runners included Margaret Tietz Executive Director Joe Seminaro and CenterLight President and CEO Michael Fassler.

This year's event to benefit Israeli Terror Victims took place Sunday, June 10th in the beautiful community surrounding Cunningham Park, and featured a Kids Krazy Olympics and Max & Mina's Ice Cream Festival as well.

## Мы говорим на вашем языке! We speak your language . . . whether it's Hebrew, Yiddish or Russian!

We are looking forward to better assisting the Russian community with our addition of more Russian speaking staff. Language support is available 24 hours a day through our translation hotline.

*For a Rehab flier in Russian, please contact Linda Spiegel at 718-298-7838.*

## Engaging the Mind

Jewish Culture groups at Margaret Tietz are conducted monthly by Zelda Braun, recently retired Associate Dean of Students at Yeshiva University. Residents eagerly anticipate these groups – where Holidays and noteworthy calendar events are the springboard for rich, meaningful discussions that initiate personal connection, broaden horizons and invigorate the mind.



## Summer Fun

The Tietz summer barbecues are always a resounding success especially when complemented by all of our wonderful high school volunteers. We are proud of the fact that so many students from the most prestigious high schools choose to volunteer at Margaret Tietz.

